e-Wellbeing and Mental Health in Older Adults

The project will aim to strengthen the strategic and structured cooperation between four higher education institutions in four countries through creating a Joint Masters e-Wellbeing and Mental Health in Older Adults, including virtual and blended cooperation and the use of different digital tools and online platforms.

The project supports digital and green capabilities of the higher education sector through development of digital skills and competences of students and staff through interdisciplinary teaching and learning. Competences and skills developed in the joint master degree include for example, in the context of mental health and wellbeing, cognitive process and digitalization, sustainability, digital citizenship (including digital health literacy). Competences developed for staff include for example innovative learning infrastructure and didactics (e.g. sustainable teaching methods suitable for virtual teaching). The virtual cooperation enables participation and collaboration without travel or commute.

The project stimulates innovative learning and teaching practices to answer the increasing need to use digital technology in health and social care, through a) the development of learning outcomes and curricula that better meet the learning needs of master students and reduce skills mismatches, while also being relevant for the labour market and for the wider society; b) the development, testing and implementation of flexible learning pathways and modular course design (part-time and online) and appropriate forms of assessment, including the development of online assessment; c) promoting the lifelong learning and continuous professional development, including by facilitating the take-up, validation and recognition of master level courses as short learning courses leading to micro-credentials; d) implementation of trans-disciplinary approaches and innovative pedagogies such as inverted learning, collaborative online international learning and research-based learning; e) from the point of sustainable development, the joint masters degree aims to address the challenges of ageing population structure in Europe.

Project Website

Eckdaten

Kurztitel

e-MeBe

Forschungsschwerpunkt

Healthcare and Quality of Life

Laufzeit

01.09.2022 - 31.08.2024

Projektleitung

Prof. Dr. Georg Christian Steckenbauer

Ziele

- Promoting inter-connected higher education systems
- Building inclusive higher education systems
- Supporting digital and green capabilities of the higher education sector